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Y dip bar

The dip horn attachment is the perfect addition to your power rack or rig. It is also fully adjusts to your preferred height. Perfect for straight bar dips to strengthen your upper body. The angular bar layout allows you to adjust your workout, go closer for a narrower dip and further out for a wider dip.

It is nice to hook it on your rack or rig, do your dips, and unhook when you're done. Y dip bar

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- Finish: Black powder coating
- Material: Steel

Y dip bar

Rizhao good crossfit co.,ltd

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